

# LUNCH

## LIGHT BITES

- WARM CHEESY BREAD** 9  
asiago with a local artisan stout and caramelized onion butter
- H2 MUSHROOM SOUP** 9  
mikuni wild harvest BC field mushrooms in a truffle spiked creamy house made broth
- SHOUT A LITTLE CHOWDA, SEAFOOD CHOWDER** 9  
plump local west coast clams and mussels, prawns, salmon and baby scallops, prepared new england style (that's the creamy one)
- PINCH ME... WEST COAST CRAB CAKE** 14  
stuffed with crab meat and pan seared, served with lemon wedge and herb and pickled shallot mayo
- CHILLED TIGER PRAWNS** 18  
tiger prawns, spicy gazpacho vinaigrette, rocket greens

## ON TAP

### LOCAL CRAFT BREWERIES ON TAP

RED TRUCK | PARKSIDE |  
PARALLEL 49 | RED RACER |  
R&B | STRANGE FELLOWS |  
FOUR WINDS | PERSEPHONE

### LOCAL BC WINERIES

THE HATCH | ALDERLEA |  
STONEBOAT | PAINTED ROCK |  
DESERT HILLS

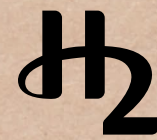
ask your server about our selection



Indicates Oceanwise Seafood Choice



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.



# ROTISSERIE & BAR

at THE WESTIN BAYSHORE

## MAINS

breaking bread, sandwiches and favourites

- TO GET TO THE OTHER SIDE CHICKEN PANINI** <sup>SuperFoodsRx</sup> 16  
pulled rotisserie chicken panini, oven dried tomato, fresh avocado mash, artisan bakery hot pressed scallion loaf
- GRILLED THREE CHEESE AND TOMATO SOUP** 14  
mozzarella, gruyere and provolone melted between two slices of sourdough, served with a cup of house made tomato soup
- WILD SALMON TACOS** <sup>SuperFoodsRx</sup> 16  
west coast wild salmon stuffed in soft flour tortillas, pico de gallo, shredded cabbage, guacamole, jalapeño mayo with warm house tortilla chips
- NICE TO MEAT YOU STEAK + FRIES** 28  
grilled 8oz canadian certified angus striploin, balsamic reduction, chimichurri, tossed greens, served with homestyle fries
- SEA TO FORK LINGUINI** 22  
linguini tossed prawns, salt spring island mussels and dungeness crab in a creamy tomato sauce
- THE BURGER** 19  
ground certified black angus beef, melted cheddar, smoked bacon with honey pepper mayo on a mix the bakery challah bun
- FARM AND FIELD RISOTTO** 18  
arborio rice, local mikuni wild harvest mushrooms, truffle oil, spring peas, parmesan shards
- THE CODFATHER FISH & CHIPS** <sup>SuperFoodsRx</sup> 18  
pacific cod fish and chips, homestyle fries, house made tartar sauce and classic coleslaw

## ROTISSERIE



"JUST WING IT"

### MAPLE HILL FARMS HOUSE ROTISSERIE CHICKEN

our chickens are poultry in motion (free run) happily eating grass and fed without antibiotics or added hormones - if we won't feed it to you, we won't feed it to them

QUARTER - 18 | HALF - 24 | WHOLE - 32

served family style with house baked buttery bread, sea salted fries, coleslaw and pan gravy

## SALADS

eat your greens and then some

- H2 COBB SALAD** <sup>SuperFoodsRx</sup> 21  
rotisserie free run chicken, pancetta crisps, egg, barnston island gem tomatoes, avocado and crisp lettuce served with a side of blue claire dressing
- OH, KALE YEAH! KALE QUINOA SALAD** <sup>SuperFoodsRx</sup> 13  
organic kale, red quinoa, avocado, tomato, roasted corn off the cob, lime vinaigrette
- CAESAR SALAD** 14  
crisp romaine hearts, focaccia croutons, pancetta, parmesan, caper lemon vinaigrette
- RAIN OR SHINE SUMMER SALAD** <sup>SuperFoodsRx</sup> 12  
garden greens, little qualicum cheeseworks goat cheese crumble, fresh strawberries, honey scallion vinaigrette

### ADD

- pulled rotisserie chicken 7
- wild bc salmon <sup>SuperFoodsRx</sup> 12
- seared scallops <sup>SuperFoodsRx</sup> 12
- jumbo prawns 7

## TREAT YO-SELF

- NO ONE DOES IT BETTER LAYERED CARROT CAKE** 9  
carrot ginger cake with orange cream cheese icing, sugar spiced pecans, served with a scoop of gelato
- POTTED CHOCOLATE MOUSSE** 8  
chocolate mousse, chocolate cookie crumble
- DROP IT LIKE ITS POPPED, SALTED CARAMEL POPCORN CHEESECAKE** 9  
new york cheesecake with oven baked caramel sauce and topped with salted caramel popcorn
- S'MORES, HOLD THE CAMPFIRE** 9  
skillet s'mores, melted milk chocolate over gooey golden marshmallows and graham cracker
- DESSERT PLATE** 15  
salted caramel popcorn new york cheesecake, s'mores, chocolate mousse, gelato
- SELECTION OF GELATO** 6  
your choice of two scoops of cappuccino, vanilla, chocolate or strawberry
- CHEESE LOUISE LOCAL CHEESE PLATE** 15  
chef's selection of four local BC artisan cheeses with house made accompaniments

All items are subject to applicable tax. Groups of 8 or more are subject to a mandatory 18% gratuity. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness.